

Welcome Back to School!!

CFSD Health Services

Welcome back to our new and returning CFSD students and families! As you may already know, our district is awesome and the health of our students is an important contributor to their success. Here are a few reminders for the upcoming school year:

- Please notify your School Nurse or Health Assistant if your student has **any** medical history, chronic health condition, allergies (e.g., food, latex, etc.), or medication needed at school. We may need to make an appointment to establish appropriate individualized health plans.

- **Health Forms need to be updated YEARLY:**
 - ❑ *Health Information and Emergency Contact form.* This form needs to be updated annually to notify health staff of any changes in conditions. Use this form to update health personnel when your student has been diagnosed with a new condition. This form also allows consent for certain over the counter medications to be given at school: Acetaminophen, Ibuprofen, Tums and Cough drops (Cough drops for High School students only).
 - ❑ *Medication Administration Consent.* If your student requires any medication to be given during school hours, complete this form and contact the health office. We must have a doctor's order for both prescription and over the counter medication. Please bring medication in the original container with the order.
 - ❑ *FARE form.* Any student with a severe allergy that may cause anaphylaxis and would require the administration of an Epinephrine Pen should have this form on file.
 - ❑ *Permission to Carry Medications for Self-Administration Consent.* This allows students to carry rescue inhalers, epi-pens, or diabetic supplies. These are the **ONLY** medications a student can carry on campus and self-administer. Please provide an original copy of the doctor's order and hand-deliver the prescription to the Health Office in the original container with the prescription label on it.
**some forms are available on our district website under health services or just ask your school nurse or health assistant for a copy.*

- **IMMUNIZATIONS:**
 - ❑ Proof of required immunizations must be provided in order to attend school.
 - ❑ Exemptions are available for specific circumstances, but the Arizona Department of Health Services recommends that all students attending school should receive required vaccinations to decrease the outbreak of preventable diseases.

- Records must be from a clinic or doctors office and include the name of vaccine, date given, and name of clinic and/or doctor.

➤ **ILLNESS AND/OR INJURY:**

- Please refer to the Health Services tab on our district website regarding questions related to illness and attending school. There is an attachment at the bottom of the page explaining common illnesses/injuries with guidance of attending school or not.
- Does your child require assistance or health equipment during the school day? Please notify your Health Office so our team can assist with these accommodations.

Thank you for your Cooperation!

Sincerely,
Carla Wilfert, BSN, RN
School Nurse
District Health Coordinator
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*District Health Services page:

<https://www.cfsd16.org/index.php/academics/student-support-services/health-services>