

# COVID-19 Isolation Decision Matrix

Has the student had close contact\* to a confirmed COVID-19 case?

YES\*

NO

Is the student symptomatic?

Is the student symptomatic?

YES

STOP

NO

STOP

YES

STOP

NO

GO

## Have the student isolate.

- If identified on campus, make sure student is wearing a face mask and is placed in isolation room.
- Student cannot come back on campus until they fulfill the Return-to-School Guidance.
- Offer appropriate accommodations (e.g., excused attendance, learning from home, etc).
- Identify students or staff with exposure to the symptomatic student 48 hours prior to student showing symptoms (follow Decision Matrix).
- Notify parents. Notify parent all other children in the household need to be picked up from school immediately to quarantine, if unvaccinated. If the parent is a CFSD employee s/he will quarantine, if unvaccinated.
- Administrator will report to PCHD if student has positive test result for COVID-19.
- Symptomatic student/guardian needs to consult medical provider and follow Return-To-School Guidance.

## Have the student quarantine for 10 days, if unvaccinated or partially vaccinated.

- If identified on campus, make sure student is wearing a face mask and is placed in isolation room.
- Student cannot come back on campus until they fulfill the Return-to-School Guidance.
- Begin quarantine 10 days\*\* from last known close contact with the known COVID-19 case.
- Should parents ask about testing, to obtain the most accurate COVID-19 testing results, PCHD recommends testing for COVID-19 5 days after exposure.
- If symptoms develop, see YES box.

## Have the student isolate.

- If identified on campus, make sure student is wearing a face mask and is placed in isolation room.
- Notify parents child is symptomatic. Notify parent all other children in the household need to be picked up from school immediately to quarantine if they are unvaccinated. If the parent is a CFSD employee s/he will quarantine if unvaccinated.
- Student cannot come back on campus until they fulfill the Return-to-School Guidance.
- Offer appropriate accommodations (e.g., excused attendance, learning from home, etc).
- Recommend symptomatic student/guardian consult medical provider.

## Have the student continue to come to school.

- Face coverings are required indoors.
- Student and/or parent will monitor for symptoms.
- If symptoms develop, see YES box.

Administrator Actions

Contact Information for Pima County Health Department (Epidemiology): 520-724-7797 OR (Emergency Operations Center): 520-724-9350  
 Based on current CDC guidance - updated by CFSD on 10/05/2021

\*Pima County Contact Tracing will notify the confirmed case, student is now considered "Contact"

\*\* See "release from quarantine" below for exemptions and shortened quarantine options.

## Release from Isolation

Was the student tested for COVID-19?

A person who has symptoms needs to isolate. \*If the student is currently symptomatic and awaiting test results, they should stay home and away from others, then follow the guidance below, based on their results.

YES

What was the test result?

Positive

**ISOLATE until ALL the following are met:**

- It has been at least 10 days\* since symptoms appeared
- No fever for 24 hours\*\*
- Other symptoms have improved

Negative

**ISOLATE until ALL the following are met:**

- No fever for 24 hours\*\*
- Other symptoms have improved

NO

**ISOLATE until ALL the following are met:**

- It has been at least 10 days \* since symptoms appeared
- No fever for 24 hours \*\*
- Other symptoms have improved

\*\*Without the use of medicines that reduce fevers

\*A person who had severe/critical illness or is severely immunocompromised should:

If symptomatic, stay home away from others under isolation precautions until:

At least **20 days** have passed since symptoms first appeared; AND

At least 24 hours have passed since last fever without the use of medicine that reduces fevers; AND

Other symptoms have improved.

If asymptomatic, stay home away from others or under isolation precautions until:

At least **20 days** have passed since the first positive COVID-19 testing while asymptomatic. If symptoms develop, follow guidance for symptomatic and tested positive for COVID-19.

## Release from Quarantine

Close contacts who can provide documentation of a completed COVID-19 vaccination series may return to school immediately if asymptomatic.

Other asymptomatic persons with known close contact to a confirmed COVID-19 case should quarantine for 8-10 days from the last exposure to the case. However, if they test positive for COVID-19, they should follow the relevant isolation guidance.

### Has the exposed person:

- Completed their vaccination series (i.e., at least two weeks following receipt of the second dose in a 2-dose series, or one dose of a single-dose vaccine)?
- Have remained asymptomatic since their COVID-19 exposure?

YES

**They are not required to quarantine with documentation of a completed vaccination series.**

NO

**Quarantine can end after Day 10 without testing if:**

- No symptoms have been reported during daily monitoring.

OR

### Quarantine can end after Day 7 if:

- A negative rapid or PCR test result was received that was administered 48 hours before the time of planned shortened quarantine
- AND
- No symptoms were observed during daily monitoring.

*\*Quarantine cannot be discontinued earlier than after day 7.*

*\*Specimen must be collected and tested no earlier than day 5 (48 hours prior to day 7).*

*\*Home and Over-the-Counter COVID-19 test results are not acceptable.*

If symptoms develop, they should immediately self-isolate and contact the health department or their healthcare provider to report this change in clinical status.

# COVID-19 Isolation Decision Glossary

Based on Current CDC Guidance – Updated by CFSD on 08/17/2021

TERM	DEFINITION AND NOTES
Antigen Testing	Antigen testing is also known as a “rapid” test for COVID-19. This test is used to detect a current infection of viral antigens via nasal swab. Results are generally available in 15 minutes. (CDC 06/14/2021).
Close Contact	<p>Close Contact is defined as someone who has been within 6 feet of an infected person (laboratory confirmed or clinically compatible illness) for a cumulative total of 15 minutes or more over a 24-hour period (CDC 03/11/2021).</p> <p>Example: three individual 5-minute exposures for a total of 15 minutes in one day.</p> <p>The CDC provides an exception “in the K-12 indoor classroom setting, the close contact definition excludes students who were within 3 to 6 feet of an infected student (laboratory-confirmed or clinically compatible illness) if both the infected student and the exposed student(s) correctly and consistently wore well-fitting masks the entire time. This exception does not apply to teachers, staff, or other adults in the indoor classroom setting.” (CDC, 08/05/2021)</p> <p>Except in certain circumstances, people who have been in close contact with someone who has COVID-19 should quarantine. However, the following people with recent exposure may NOT need to quarantine:</p> <ul style="list-style-type: none"> <li>• People who have been fully vaccinated</li> <li>• People who were previously diagnosed with COVID-19 within the last three months</li> </ul> <p>Individuals who are vaccinated should test for COVID-19 between day 3 and 5 of their exposure to someone who has been diagnosed with COVID-19, as well as continue to mask (PCHD, 07/30/2021).</p>
Complete Vaccination	Completed vaccination means 14 days from having received a single Janssen/Johnson & Johnson vaccine or the second dose of the Pfizer or Moderna vaccine (PCHD, 07/30/2021).
Confirmed COVID-19 Case	Report of a person with COVID-19 and meeting confirmatory laboratory evidence (CDC 03/11/2021).
Isolation	The separation of a person or group of people known or reasonably believed to be infected with a communicable disease and potentially infectious from those who are not infected to prevent spread of the communicable disease. Isolation for public health purposes may be voluntary or compelled by federal, state, or local public health order. (CDC, 03/11/2021)
Quarantine	The separation of a person or group of people reasonably believed to have been exposed to a communicable disease but not yet symptomatic from others who have not been so exposed to prevent the possible spread of the communicable disease. Quarantine may be voluntary or compelled by federal, state, or local public health order. (CDC, 03/11/2021)

	<p>Individuals who are fully vaccinated or have had COVID-19 within the past 3 months do not need to quarantine (CDC, 03/12/2021).</p> <p>An unvaccinated person who had known close contact with a confirmed COVID-19 case should quarantine for 14 days from their last exposure to the case. However, the following options to shorten quarantine are acceptable alternatives:</p> <ul style="list-style-type: none"> <li>• Quarantine can end after Day 10 (e.g., return to school on Day 11), without testing if no symptoms have been reported during daily monitoring.</li> <li>• Quarantine can end after Day 7 (e.g., return to school on Day 8), with negative PCR testing results AND no symptoms are reported. <ul style="list-style-type: none"> <li>○ Test must be taken within 48 hours before the time of planned shorted quarantine. <ul style="list-style-type: none"> <li>▪ For example, to be released from quarantine after Day 7 (for a return to school on Day 8), the individual must be tested on Day 5, and must quarantine on Days 6 and 7.</li> </ul> </li> </ul> </li> </ul>
<p><b>Severely Immunocompromised</b></p>	<p>Means you have: (AZDHS, 05/03/2021)</p> <ul style="list-style-type: none"> <li>• Been taking chemotherapy for cancer recently.</li> <li>• HIV and a CD4 Tc-cell count of &lt;200.</li> <li>• An immunodeficiency disorder.</li> <li>• Been taking high dose steroids (like prednisone &gt;20mg a day for 14 days) OR</li> <li>• Another condition that a healthcare provider has told you makes you severely immunocompromised.</li> </ul>
<p><b>Social or Physical Distancing</b></p>	<p>Fully vaccinated individuals do not need to physical distance (CDC, 05/16/2021).</p> <p>Means keeping a safe space between yourself and other people who are not from your household. To practice social or physical distancing, stay at least 6 feet (about 2 arms' length) from other people who are not from your household. (CDC, 11/17/20) In schools, the CDC recommends maintaining 3 feet of distancing between students (CDC, 05/15/21).</p>
<p><b>Symptomatic</b></p>	<p>Symptoms of COVID-19 may appear 2 to 14 days after exposure to the virus. Symptoms may include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, and new loss of taste or smell. Symptoms may be mild to severe. (CDC, 02/22/2021)</p>
<p><b>Viral Testing (PCR)</b></p>	<p>Viral testing is used to detect a current infection of Viral RNA of COVID-19 also known as a PCR test. The specimen collection route is nasal swab, sputum or saliva. The result time can take up to 2-3 days. (CDC 9/10/2020).</p>