

# CATALINA FOOTHILLS SCHOOL DISTRICT

## HEALTH SERVICES

CFSD Parents/Guardians:

On behalf of CFSD Health Services, we welcome you and your family to the district. Please read the following letter to gain a deeper understanding of our health office policies and procedures.

### **Campus Health Offices:**

- At the elementary schools a registered nurse (RN) and health assistant (HA) are available during school hours. Elementary schools include Canyon View, Manzanita, Sunrise Drive, and Ventana Vista.
- At the middle schools, a registered nurse (RN) is available during school hours. Middle schools include Esperero Canyon and Orange Grove.
- At the Catalina Foothills High School health office, a registered nurse (RN) and health assistant (HA) are available during school hours.

### **Arizona School Immunization Requirements:**

- Students must have proof of all required immunizations, or a valid exemption, in order to attend school. Arizona law allows exemptions for medical reasons, lab evidence of immunity, and personal beliefs. Exemption forms are available from schools and at <http://www.azdhs.gov/phs/immun/back2school.htm>.
- Homeless students are allowed a 5-day grace period to submit proof of immunization records.
- The record for each vaccine dose must include date and name of doctor or clinic.
- For locations of Pima County Health Department immunization clinics check on line at [http://webcms.pima.gov/government/health\\_department/](http://webcms.pima.gov/government/health_department/)

### **Injuries or Illnesses:**

Treatment is based on the “*Emergency and Prevention Guidelines for Schools*” and “*Communicable Disease*” guidelines from The Arizona Department of Health Services.

### **Chronic Health Conditions:**

Parents/guardians should notify the school’s nurse if the student has a serious medical condition. An appointment with the school nurse may be necessary to establish an appropriate, individualized health plan. Chronic health conditions include, but are not limited to: ADD/ADHD, asthma, anaphylaxis/severe allergy, seizure disorder, psychiatric illness, or liver disease.

### **Vision and Hearing Screening:**

Annual vision and hearing screenings are a part of the CFSD health program.

### **Medication at School:**

When it is essential to a students’ health that medications, including over the counter medications (OTC), be administered during school hours:

- There must be a written order from a licensed Arizona healthcare provider stating the name of the medicine, the dosage and the time it is to be given. The At-School Medication Administration Consent form must be completed and on file.
- Medication must be FDA approved.

- The medication must be in the original pharmacy or OTC container. Students are permitted to carry and self-administer EpiPens with health care provider and parental permission and inhalers with parental permission.
- Parents must hand deliver all medication to the school health office. Students are not permitted to carry medication.
- A Registered Nurse manages the supervision of medication administration. In the Nurse's absence, medication will be administered by an agent/district employee designated by the principal, usually the Health Assistant or Office Secretary.

**Acetaminophen, Ibuprofen, and Tums:**

- The district has standing orders for the administration of Acetaminophen, Ibuprofen and Tums.
- Students must have an updated Health History form signed by a parent to receive these medications at school.

**Forms:**

- All forms can be found at the CFSD Health Services Website:  
<http://www.cfsd16.org/index.php/academics/student-support-services/health-services>
- CFSD requires all students to have a completed and signed Health Information/Emergency Contact Form for the current school year. This information is needed for your student's health record and to provide appropriate medical care. Please notify the health office of pertinent changes throughout the school year.

Thank you,

Mary George-Magill, BSN, RN  
*Health Services Registered Nurse Coordinator  
Elementary School Nurse*