

CATALINA FOOTHILLS SCHOOL DISTRICT

HEALTH SERVICES WELCOME LETTER

CFSD Parents/Guardians:

On behalf of CFSD Health Services, we welcome you and your family to the district. Please read the following letter to gain a deeper understanding of our health office policies and procedures.

Campus Health Offices:

- At the Valley View Early Learning Center, a Registered Nurse (RN) and Health Assistant (HA) are available during school hours.
- At the elementary schools, a Registered Nurse (RN) and Health Assistant (HA) are available during school hours. Elementary schools include Canyon View, Manzanita, Sunrise Drive, and Ventana Vista.
- At the middle schools, a Registered Nurse (RN) is available during school hours. Middle Schools include Esperero Canyon and Orange Grove.
- At the Catalina Foothills High School health office, a Registered Nurse (RN) and Health Assistant (HA) are available during school hours.

Arizona School Immunization Requirements:

- Students must have proof of all required immunizations, or a valid exemption, in order to attend school. Arizona law allows exemptions for medical reasons, lab evidence of immunity, and personal beliefs. Exemption forms are available from schools and at: <http://azdhs.gov/phs/immun/back2school.htm>
- Homeless students are allowed a 5-day grace period to submit proof of immunization records.
- The record for each vaccine dose must include date and name of doctor or clinic.
- For locations of Pima County Health Department Immunization Clinics, check online at: <http://webcms.pima.gov/cms/One.aspx?portalId=169&pageId=31112>

Injuries and Illnesses:

- Treatment is based on the “Emergency and Prevention Guidelines for Schools” and “Communicable Disease Guidelines” from the Arizona Department of Health Services.

Chronic Health Conditions:

- Parents/Guardians should notify the school’s nurse if the student has a serious medical condition.
- An appointment with the School Nurse may be necessary to establish an appropriate, individualized health plan.
- Chronic health conditions include, but are not limited to: ADD/ADHD, asthma, anaphylaxis/severe allergy, seizure disorder, psychiatric illness, or liver disease.

Vision and Hearing Screening:

- Annual vision and hearing screenings are a part of the CFSD Health Program for Preschool, Kindergarten, 1st grade, 2nd grade, 6th grade, 9th grade, and new-to-district students.

Medication at School:**When it is essential to a student's health that medications, including Over-the-Counter (OTC) be administered during school hours:**

- There must be a written order from a licensed Arizona health care provider stating the medicine, dosage, and the time it is to be given.
- The At School Medication Administration Consent Form must be completed and on file.
- Medication must be FDA approved.
- The medication must be in the original pharmacy or OTC container.
- Students are permitted to carry and self-administer EPI-PENS with health care provider and parental permission and inhalers with parental permission.
- Parents must hand deliver all medication to the school health office.
- A Registered Nurse manages the supervision of medication administration. In the Nurse's absence, medication will be administered by an agent/district employee designated by the principal, usually the Health Assistant or office secretary.

Over-the-Counter Medications (OTC):

- The District has standing orders for the administration of Acetaminophen, Ibuprofen, and Tums. The District has standing orders for the administration of cough drops at the High School only.
- Students must have an updated Health Information/Emergency Contact form signed by apparent to receive these medications.
- The Health Information/Emergency Contact Form must be downloaded and printed when registering the student in Synergy's Online Registration. Then it is to be returned completed and signed to the school office or health office.

Forms:

- All forms can be found at the CFSD website:
<http://www.cfsd16.org/index.php/academics/student-support-services/health-services>
- CFSD requires all students to have a completed and signed Health Information/Emergency Contact Form for the current school year. This information is needed for the student's health record and to provide appropriate medical care.
- Please notify the Health Office of pertinent changes throughout the school year.

Thank you,
Mary George-Magill, RN, BSN
Health Services RN Coordinator
Elementary School Nurse